

# SFGH Anesthesia Preop Clinic

...your trusted source of information



San Francisco General Hospital  
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MRN: \_\_\_\_\_

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

## Preoperative Checklist

- Do not drink any alcohol for 24 hours before and after sedation, anesthesia, or while taking pain medications.
- Do not use any recreational drugs such as marijuana or cocaine for at least 48 hours before surgery.
- The Surgicenter will call you between noon and 2pm on the day before your surgery with your arrival time at the hospital. If you don't get a call, call the Surgicenter (415) 206-8133 between 3pm and 5pm. If you don't confirm, your surgery might be cancelled.
- We will do everything we can to ensure that your waiting time is minimal, but please keep in mind that we are a trauma hospital and that the start of your surgery may be delayed if emergencies occur.

### On the night before surgery:

- Do not eat anything after midnight the day before surgery.
- You can drink CLEAR LIQUIDS up to 2 hours before your arrival time at the hospital. Clear liquids are: water, clear fruit juices, carbonated beverages (soda), tea, or coffee without milk. Do not drink milk-based beverages such as cappuccino or milk shakes. If you have been given special instructions for bowel preparation, follow them closely.
- Bring storage containers for dentures, removable bridges, contacts and glasses
- Leave all valuables at home including jewelry, body piercings, credit cards, electronics, watches and excess cash. The hospital is not responsible for lost items.
- If you have inhalers, bring them with you.

### For come & go surgeries I understand that:

- I need to arrange for a responsible adult to accompany me from discharge to home after surgery. I cannot use public transportation by myself.
- I cannot drive a car or operate any type of machinery for the first 24 hours after sedation or general anesthesia.
- If a serious medical condition occurs during or after my surgery that I may be admitted to a hospital for treatment.
- If any unexpected bleeding, high fever, difficulty breathing or severe pain occurs after discharge from the hospital, I will call 911 or have someone take me to the Emergency room immediately.

Teaching complete -  copy given. Initials: \_\_\_\_\_

### Day of surgery

- Cleanse surgery area with soap and water. Do not use any lotions, creams, powder or oils on the surgical area.
- Do not shave the surgical site.
- Do not wear makeup, and remove any nail polish.
- At the designated time, come to SFGH 3<sup>rd</sup> floor and register with the Surgicenter in room 3F16.

### Medication instructions

On the day of surgery, take all your medications except:

- Metformin:** Do NOT take the night prior to surgery, do NOT take the morning of surgery
- Glipizide:** Do NOT take morning of surgery  
\_\_\_\_\_ (ACEI): Continue/Do NOT take morning of surgery  
\_\_\_\_\_ (ARB): Continue/Do NOT take morning of surgery

### Special medications:

<b>Aspirin:</b> <input type="checkbox"/> CONTINUE <input type="checkbox"/> Discontinue 5 days before surgery <input type="checkbox"/> Discontinue 5 days before surgery only if requested by surgeons
<b>Plavix/Clopidogrel:</b> <input type="checkbox"/> CONTINUE <input type="checkbox"/> Discontinue 5 days before surgery <input type="checkbox"/> Discontinue 5 days before surgery only if requested by surgeons
<b>Warfarin/Coumadin:</b> <input type="checkbox"/> CONTINUE <input type="checkbox"/> Discontinue 5 days before surgery <input type="checkbox"/> Follow bridging instructions
<input type="checkbox"/> <b>Insulin:</b> Take your usual evening dose night before surgery.: On morning of surgery, take 1/2 of your usual morning dose of _____ insulin: Take ____ units.
<b>Other instructions:</b>   

### Escort contact information (name & phone):

\_\_\_\_\_  
Date \_\_\_\_\_ Signature: \_\_\_\_\_

Surgical Center teaching completed:  
Date \_\_\_\_\_ Signature: \_\_\_\_\_