

Upper Endoscopy

Registration: Please check-in at _____ for your procedure

Appointment: _____
Date/Time Be Here At

7 days before your
appointment



- Stop taking iron pills
- **DO NOT** take Aspirin, Plavix, Ibuprofen, Motrin, Advil, Aleve, Naprosyn UNLESS told to do so
- If you take **Coumadin** (Warfarin) or other medications that thin the blood then call your anticoagulation clinic or primary care provider for instructions

Day before your
appointment



- **ALL DAY:** Eat small meals
- **If you have diabetes:** take half of your pills and half the dose of insulin

Day of your
appointment

- **Do NOT** eat any solid food or drink any liquids today until after your procedure is over



- **Take all of your regular medications** with a small sip of water
- **If you have diabetes:** do not take your diabetes pills or insulin today
- You must bring someone (18 years or older) who can take you home

You can watch a short video on all of these instructions at: <http://www.sfhealthnetwork.org/need-to-visit-a-specialist-doctor/gastroenterology>

If you have a problem getting a ride home, then we **may** be able to help you. Please call (415) 206-8823 at least **2 working** days before your procedure to help with arranging a ride home.

If you need to cancel/reschedule your appointment or you have any questions then please call (415) 206-8823.